

# Dr. Riddhi Shukla

MD | DGO | PGDHCM | CIMP Cosmetic Gynecologist ECAMS European College of Aesthetic Medicine & Surgery

## **HIGHLIGHTS**

- Training by pioneers in the field of Aesthetic Gynecology
- Hands on Training
- Hand Holding for 6 months
- Tips and tricks of establishing & marketing CG clinic
- One to one guidance



# TRAINING OBJECTIVES

- An overview of Cosmetic Gynaecology
- Surgical Aesthetics: Hymenoplasty | Labiaplasty | Clitoral Surgery
- Vulval Aesthetics: Chemical Peels |
   LASER bleaching | Mons plasty
- Energy Based Devices | PRP therapies
- · Botox and fillers in gynaecology
- LASERS: Basic Physics-Different LASER
- LASER in SUI & Rejuvenation | LASER in GSM
- Sexual Shots
- Setting up a cosmetic gynaecology clinic
- Marketing and collaboration
- Hysteroscopic and Laparoscopic surgery with Laser



# SCHEDULE Day 1

9:00-9:30 AM Registration & Breakfast

Welcome & Introduction-Dr Riddhi Shukla

10:00-12:00 PM Didactics

12:00-2:00 PM Live surgery

Demonstration

2:00-3:00 PM Lunch

3:00-5:00 PM Video/Hands On Training

# Day 2

9:00-11:00 AM Breakfast & Didactics

11:00-1:00 PM Live Surgery

1:00-2:00 PM Lunch

2:00-4:00 PM Hands On - Demo

4:00-6:00 PM Open Forum & Discussion Certificate

Distribution



# Feminine Forever Key Benefits of Cosmetic Gynaecology

# **Life Stage Solutions:**

Tackles changes due to childbirth and aging, addressing issues like leakage, laxity, dryness, and infections.

### **Confidence Boost:**

Restores self-confidence and intimate well-being at any life stage.

### **Quick & Effective:**

Provides fast, safe, and lasting results with outpatient procedures.

# **Innovative Technology:**

Employs advanced laser tech to strengthen and rejuvenate vaginal tissue.

### **Painless Procedure:**

Quick and painless, with no side effects - minimal down time- Immediate recovery.

### **SUI Relief:**

Fortifies pelvic structure and walls, easing Stress Urinary Incontinence.

## **Vaginal Tightening:**

Boosts tightness and sensitivity, enhancing sexual satisfaction.

### **Post-Menopause**

Rejuvenation: Renews the vaginal lining, improving thickness, lubrication, and comfort.

## **Post-Delivery**

Rehabilitation: Returns the vaginal area to its pre-delivery state, reinforcing tissue.

# Combats Dryness & Infections:

Revitalizes lining, enhancing immune response and maintaining PH balance.



# Trends of

# Cosmetic Gynaecology



#### **Market Growth**

The global cosmetic gynecology market is projected to grow at a compound annual growth rate (CAGR) of approximately 9–12% from 2020 to 2025, driven by increasing acceptance and demand.



#### Stress Urinary Incontinence (SUI)

Research indicates that approximately 60-75% of women experience significant improvement in SUI symptoms following laser treatments.



#### **Procedure Numbers**

In India alone, the number of women undergoing aesthetic gynecology procedures is reported to be in the thousands annually, with numbers steadily increasing each year.



#### Vaginal Rejuvenation

Surveys indicate that over 70% of women report improvements in vaginal tightness and sexual satisfaction following non-surgical rejuvenation procedures.



### Age Distribution

Women of all age groups, from teenagers to menopausal individuals, are seeking these procedures, with a significant portion being in the mid-age range and beyond (40 years and above).



#### Satisfaction Rates

Various studies report patient satisfaction rates ranging from 85% to 95% following laser gynecological treatments, indicating a high level of effectiveness.



#### Safety and Complications

Most studies report complication rates below 5%, demonstrating the safety of aesthetic treatments when performed by qualified professionals.



# Respecting her desire and discomfort!

### Dr. Riddhi Shukla

Pioneer in cosmteic gynaecology in gujarat

### DATE:

APRIL, 05<sup>th</sup> & 06<sup>th</sup>

9 AM - 5 PM

Aarogyam Specialty Hospital, Navrangpura, Ahmedabad



FOR REGISTRATIONS



Early bird available before 10th March\*











COSMETIC ENERGY BASE DEVICES





























